Journal Questions Assignment-Interpersonal Communication Studies 100

The following questions are to be answered for each Chapter from your textbook after we have discussed it in class. Please type out your answers, use examples and be prepared to turn it in according to the syllabus schedule. This assignment is worth 110 points.

Evaluation

I will grade each of your journals according to the following criteria:

10-9 pts – Exceeds expectations
  • Meets all assignments requirements
  • Entry addresses interpersonal concepts in a focused manner, using course concepts accurately
  • Entry shows reflective thoughts and judgments about self
  • Appearance, spelling, grammar, and organization of the work are college level work

8 pts – Above expectations
  • Meets all assignment requirements
  • Most of the entry probes beneath the surface in addressing question and analyzing experience
  • Most of the entry show reflective thoughts and judgments about self; could have been more in-depth
  • Overall strengths in appearance, spelling, grammar, and organization of the work outweigh the weaknesses.

7 pts – Meets expectations
  • Meets all assignment requirements
  • Provides basic response to reflective questions or experience-based entry with limited evidence of reflective thought or judgment about self in most of entry
  • Course concepts are accurately referenced but not elaborated on
  • Could have used further proofreading prior to submission

6 pts and below – Below expectations
  • Assignment requirement is not met
  • Routine, unreflected discussion of question and experience(s)
  • Use of course concepts is mostly inaccurate
  • Appearance, spelling grammar, and/or organization impede understanding of the work

The questions are listed based on the syllabus order of the chapters.

CHAPTER 1

Describe an I-It, I-You and I-Thou relationship in your life (each one). Analyze the differences in communication and personal knowledge in the three relationships.
CHAPTER 10
Describe a friendship you have with a member of your sex. Analyze the extent to which it conforms to the gender patterns described in the text. Use examples to help explain.

CHAPTER 11
Consider the four guidelines for communicating in romantic relationships. Discuss how you have used each of these guidelines in your romantic relationships.

CHAPTER 4
Analyze what happened and how you felt when you violated the verbal communication rules for your gender.

CHAPTER 5
Violate a nonverbal gender prescription. If you are a woman, you might restrain yourself from smiling for twenty-four hours, staring challenging at others when you talk with them, or sitting with your body spread widely. If you are a man, try smiling more—whenever you meet peoples, when you talk with them, etc. Men may also violate masculine nonverbal prescriptions by giving strong eye contact and abundant head nods and other displays of responsiveness when they converse with others. (The above are only suggestions and you certainly can come up with your own.) Analyze how you felt violating the nonverbal prescription for your gender and what responses you got from others.

CHAPTER 6
Analyze your own listening effectiveness. Using the textbook to guide you, analyze your strengths and weaknesses in terms of the text’s guidelines for effective informational listening and effective relational listening. Identify two listening skills you would like to improve and describe how you plan to develop greater competence in each.

CHAPTER 7
Describe one situation in which an irrational fallacy did or does debilitate you. Identify two ways you might challenge that fallacy.

CHAPTER 8
Identify one relationship in which you feel on-guard and defensive and one relationship in which you feel comfortable and supported. Describe and analyze the communication behaviors in each relationship. To what extent do the defensive and supportive communication behaviors discussed in the text explain the climates of these two relationships?

CHAPTER 9
Analyze your responses to conflict in terms of the exit-voice-loyalty-neglect model discussed in the text. How often do you use each response style in your friendships and romantic relationships? Which style do you use the least? What are the results of the way(s) you respond to conflict?
CHAPTER 2

Describe an instance in which you were each of the panes of Johari Window. Analyze why you communicated differently in the different situations. What was it about the overall communication systems that affected what you said, and how did your communication, in turn, affect the relational systems within which it occurred?

CHAPTER 3

Identify a situation where stereotypes (as a schemata used in organizing perceptions) are useful and helpful in a communication situation. Next, identify a situation where that same stereotype becomes unproductive and perhaps damaging.